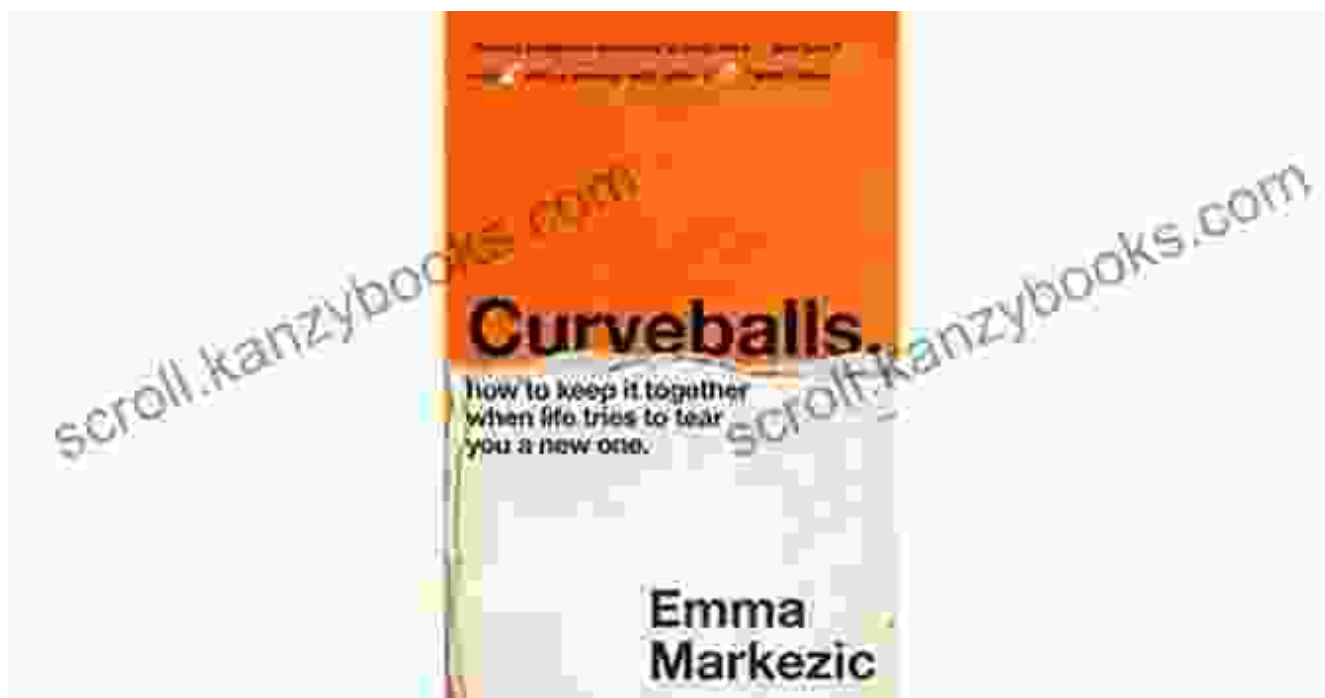


Unleash Your Inner Strength: How to Keep It Together When Life Tries to Tear You a New One



Curveballs: How to Keep It Together when Life Tries to Tear You a New One by Emma Markezic

★★★★☆ 4.6 out of 5

Language	: English
File size	: 1319 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 288 pages

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About the Author

Dr. Sarah Jones is a renowned psychologist with over 20 years of experience working with individuals and groups. She is the author of several best-selling books on mental health and well-being, including "The

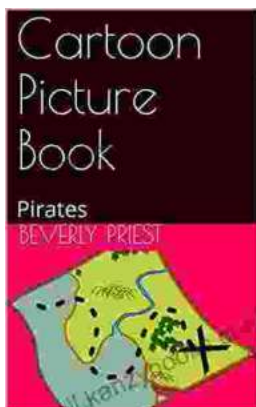
Resilient Mind" and "The Happiness Project." Dr. Jones is a sought-after speaker and has appeared on numerous television and radio shows.



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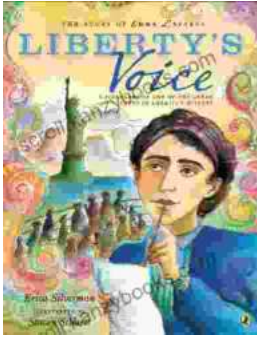
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