

Turning To Allah And Muhammad To Control Anger

Harness the Wisdom of Islam for Anger Management

Are you

Understanding Anger from an Islamic Perspective

In Islam

Effective Tools for Anger Management

Beyond the spiritual

The Transformative Power of Prayer

In addition to the pr

Unlocking the Serenity Within

Controlling anger is not j

A Journey of Transformation

Turning to Allah and Muhamma

Keyword-optimized image alt tags for relevant images:

- **Image of a serene person meditating:** "A person finding inner peace through connection with Allah and Muhammad."
- **Image of a person holding a Quran:** "Seeking guidance from the Quran to control anger."

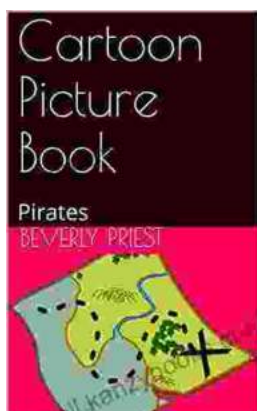
- **Image of a group of people praying together:** "The power of community and support in controlling anger."
- **Image of a person forgiving another person:** "Letting go of anger and cultivating forgiveness."
- **Image of a person practicing patience:** "The virtue of patience in anger management."



Turning to Allah and Muhammad to Control Anger: Planting Seeds Of Good Character by Emma Steinkellner

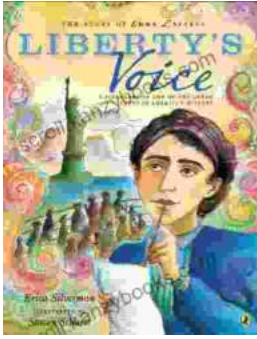
★★★★★ 5 out of 5

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