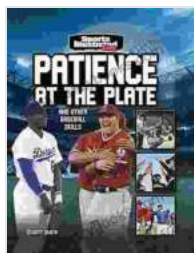


# Patience at the Plate: Master the Art of Discipline and Clutch Hitting in Baseball

## Become a More Patient Hitter and Dominate at the Plate

In today's fast-paced game of baseball, it's more important than ever to be a patient hitter. Pitchers are throwing harder and breaking balls are more deceptive than ever before. To be successful, you need to be able to lay off pitches outside the zone and wait for your pitch to hit. *Patience at the Plate* will teach you how to do just that.



## Patience at the Plate (Sports Illustrated Kids: More Than a Game) by Elliott Smith

★ ★ ★ ★ ☆ 4.2 out of 5

Language : English

File size : 20630 KB

Screen Reader: Supported

Print length : 32 pages



This book is the ultimate guide to improving your batting skills and becoming a more patient hitter. You'll learn how to:

- Develop a disciplined approach at the plate
- Lay off pitches outside the zone
- Wait for your pitch to hit
- Hit with power and consistency

- Perform under pressure

Patience at the Plate is written by a team of experienced coaches and players who have helped countless hitters improve their batting skills. This book is packed with drills, tips, and strategies that will help you take your hitting to the next level.

## **Benefits of Being a Patient Hitter**

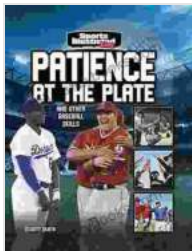
There are many benefits to being a patient hitter. Some of the most notable benefits include:

- **Increased batting average:** Patient hitters are more likely to make contact with the ball, which will improve their batting average.
- **More power:** Patient hitters are able to wait for their pitch to hit, which will give them more time to generate power.
- **Improved on-base percentage:** Patient hitters are more likely to walk, which will improve their on-base percentage.
- **Reduced strikeouts:** Patient hitters are less likely to strike out, which will help them stay in the game and contribute to their team's success.

If you want to improve your batting skills and become a more valuable player, then you need to learn how to be a patient hitter. Patience at the Plate will teach you everything you need to know to succeed at the plate.

## **Free Download Your Copy Today**

Patience at the Plate is available now on Our Book Library.com and other online retailers. Free Download your copy today and start improving your batting skills.



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