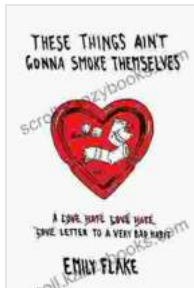


# Love Hate Love Hate Love Letter To Very Bad Habit: A Must-Read for Breaking Bad Habits



## These Things Ain't Gonna Smoke Themselves: A Love/Hate/Love/Hate/Love Letter to a Very Bad Habit

by Emily Flake

★★★★☆ 4.7 out of 5

Language	: English
File size	: 14175 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 101 pages
Lending	: Enabled



Are you tired of being held back by bad habits? Do you feel like you're constantly fighting against yourself, trying to break free from addictions, procrastination, and other obstacles that keep you from living your best life?

If so, then you need to read "Love Hate Love Hate Love Letter To Very Bad Habit." This book is your personal guide to breaking bad habits and living a more fulfilling life. With practical strategies and inspiring stories, you'll learn how to:

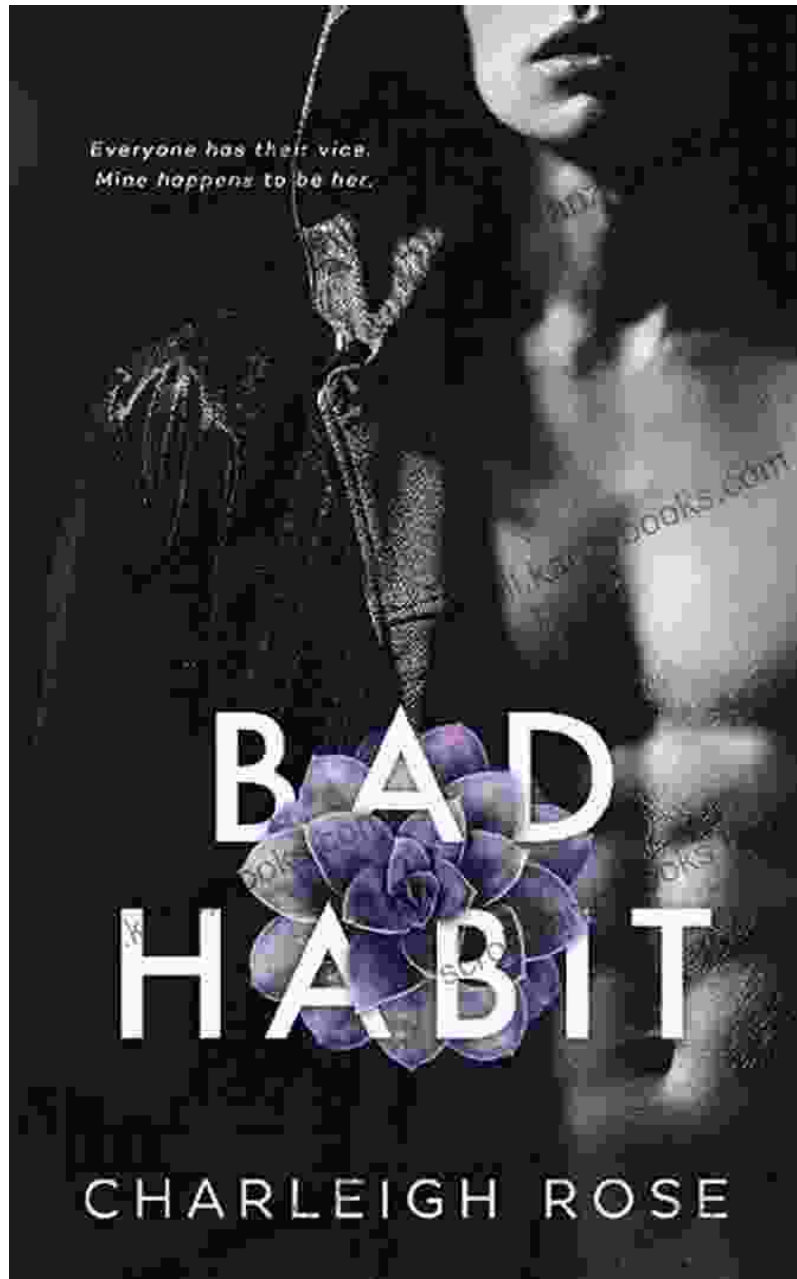
- Change your mindset about bad habits
- Overcome cravings and temptations

- Create lasting change in your life

"Love Hate Love Hate Love Letter To Very Bad Habit" is not just another self-help book. It's a roadmap to recovery, written by someone who has been there and knows what it takes to break free from bad habits. With compassion and humor, the author shares her own personal journey of overcoming addiction, and she offers practical advice that you can use to change your own life.

If you're ready to make a change, then "Love Hate Love Hate Love Letter To Very Bad Habit" is the book for you. Free Download your copy today and start living the life you've always wanted.

**Free Download your copy of "Love Hate Love Hate Love Letter To Very Bad Habit" today!**



What readers are saying about "Love Hate Love Hate Love Letter To Very Bad Habit":

“

*“This book is a must-read for anyone who is struggling with bad habits. The author's personal story is inspiring, and her*

***advice is practical and effective. I've already started using the strategies in this book, and I'm seeing great results."***

***- Our Book Library Customer"***

“

***"I've read a lot of self-help books, but this one is different. The author doesn't just tell you what to do, she shows you how to do it. I'm so grateful for this book. It's helped me to change my life for the better."***

***- Goodreads Reviewer"***

**Don't wait another day to start breaking bad habits and living a more fulfilling life. Free Download your copy of "Love Hate Love Hate Love Letter To Very Bad Habit" today!**



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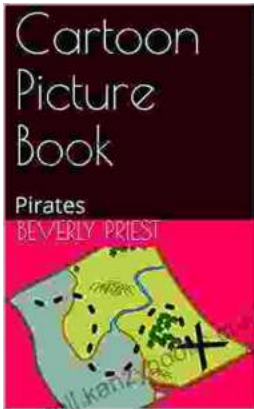
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