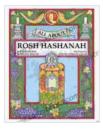
# All About Rosh Hashanah: Your Guide to the Jewish High Holidays

All About Rosh Hashanah (High Holidays)



by Ellenore Angelidis

★ ★ ★ ★ 4.9 out of 5
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#### What is Rosh Hashanah?

Rosh Hashanah is the Jewish New Year. It is a two-day holiday that begins on the first day of the Hebrew month of Tishrei, which usually falls in September or October. Rosh Hashanah marks the beginning of the High Holy Days, which also include Yom Kippur, the Day of Atonement.

Rosh Hashanah is a time for reflection and repentance. It is a time to take stock of our lives and make amends for our mistakes. It is also a time to celebrate the new year and pray for a good year to come.

#### Traditions and Rituals of Rosh Hashanah

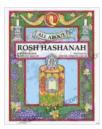
There are many traditions and rituals associated with Rosh Hashanah. Some of the most common include:

- Going to synagogue: Most Jews attend synagogue on Rosh Hashanah. The services are long and include special prayers and readings.
- Eating apples and honey: Apples and honey are a traditional Rosh
  Hashanah food. They symbolize the hope for a sweet new year.
- Blowing the shofar: The shofar is a ram's horn that is blown on Rosh Hashanah. The sound of the shofar is a call to repentance.
- Tashlich: Tashlich is a ritual that is performed on the first day of Rosh Hashanah. It involves throwing bread crumbs into a body of water. This symbolizes the casting away of our sins.

#### The Meaning of Rosh Hashanah

Rosh Hashanah is a time for us to reflect on our lives and make amends for our mistakes. It is also a time to celebrate the new year and pray for a good year to come. The High Holy Days are a time for us to come closer to God and to each other. They are a time to renew our commitment to living a good and meaningful life.

Rosh Hashanah is a special time for Jews around the world. It is a time to reflect on the past and look forward to the future. It is a time to celebrate the new year and pray for a good year to come.



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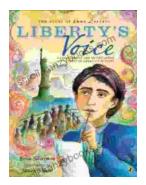
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